

# Stundenplan: WU - Academy of Martial Arts



Tag	Mo	Dienstag		Mittwoch		Donnerstag	Freitag
Zeit							
09.00-10.00							
10.00-10.45				WU Baby Wushu (2-4J.)			
11.00-12.00							
12.00-13.00							
13.00-14.00							
14.00-15.00							
15.00-16.00							
16.00-17.00				WU Kinder Wushu Schwert (Jian)			WU Kinder Wushu Südstil (Nanquan)
17.00-18.00		WU Kinder Wushu 5+ 17:00-17:50	WU Kinder Wushu 6-9J. 17:00-17:50	WU Kinder Wushu 4-6J. 17:00-17:50	WU Kinder Wushu 6-9J. 17:00-17:50	WU Kinder Wushu 4-6J. 17:00-17:50	WU Kinder Wushu fortgeschrittene Gruppe
18.00-19.00		WU Wushu		WU 18:00-19:30 Wettkampfteam			WU Wushu
19.00-20.00		WU Frauen-Boxen					WU Frauen-Boxen
20.00 -21.00		WU Sanda / Martial Arts Workout					WU Sanda / Martial Arts Workout

- Anfänger / Beginner
- Fortgeschrittene / Advanced
- Erwachsene inkl. auserwählte Kinder / Adults incl. selected kids