

# Stundenplan: WU - Academy of Martial Arts



| Tag          | Mo | Dienstag              |                          | Mittwoch                                 | Do                       | Freitag                                       |
|--------------|----|-----------------------|--------------------------|--|--------------------------|---|
| Zeit         |    |                       |                          |  |                          |   |
| 09.00-10.00  |    |                       |                          |  |                          |   |
| 10.00-11.00  |    |                       |                          |  |                          |   |
| 11.00-12.00  |    |                       |                          |  |                          |   |
| 12.00-13.00  |    |                       |                          |  |                          |   |
| 13.00-14.00  |    |                       |                          |  |                          |   |
| 14.00-15.00  |    |                       |                          |  |                          |   |
| 15.00-16.00  |    |                       |                          |  |                          |   |
| 16.00-17.00  |    |                       |                          |  |                          | WU<br>Kinder Wushu Nanquan                    |
| 17.00-18.00  |    | WU<br>Kinder Wushu 5+ | WU<br>Kinder Wushu 6-9J. | WU<br>Kinder Wushu 4-6J.                 | WU<br>Kinder Wushu 4-6J. | WU<br>Kinder Wushu<br>fortgeschrittene Gruppe |
| 18.00-19.00  |    | WU<br>Wushu           |                          | WU 18:00-19:30<br>Wushu fortgeschrittene |                          | WU<br>Wushu                                   |
| 19.00-20.00  |    | WU<br>Frauen-Boxen    |                          |  |                          | WU<br>Frauen-Boxen                            |
| 20.00 -21.00 |    | WU<br>Sanda           |                          |  |                          | WU<br>Sanda                                   |

Probetraining? [info@wu-academy.ch](mailto:info@wu-academy.ch) / 0764279969